

BRIAN A. SATHER

Professional Vita

ACADEMIC PREPARATION

2004 | **Ph. D., Kinesiology** 4.00 GPA

Texas Woman's University, Denton, TX 76204 Emphasis: Administration of Physical Education

Related Area: Business Administration

2012 | **M. B. A., Business**

Eastern Oregon University, La Grande, OR 97850

1996 | **M. S., Physical Education**

Brigham Young University, Provo, UT 84602

Emphasis: Administration

1999 | **B. A., History** Summa Cum Laude

Atlantic Union College, South Lancaster, MA 01561

1995 | **B. S., Physical Education** Magna Cum Laude

Walla Walla University, College Place, WA 99324

Certification: Secondary School Teaching for State of Washington

Minor: Religion

TEACHING & RELATED EXPERIENCE

2002-present | **Professor**, Physical Education & Sport

College of STM and Health Science, Eastern Oregon University

Serving the university, community, and commitment to scholarship in physical education and sport both on-campus and online. Specializing in physical education pedagogy, sport ethics, administration, and coaching. Promoted to associate professor for 2007-08. Tenure earned Spring 2007. Promoted to full professor 2011-12. Chair of the department 2011-2013.

2019-2022 | **Substitute Teacher**

La Grande School District

Substitute teacher of physical education classes K-12.

2011-2022 | **Owner and President**

La Grande Ride, Inc.

Offering recreation, activity, and sport services to people in northeast Oregon. Actively maintaining the company website LaGrandeRide.com

2016-2022 | **Fire Lookout**

U.S. Forest Service, La Grande Ranger District

Seasonal staffing of fire lookout at Mule Peak including calling in fires to dispatch, providing regular weather reports, interacting with public, and maintenance of facility and trails.

2019 | **Golf Course Maintenance**

La Grande Country Club

Mowing greens, raking sand traps, cleanup, and other tasks for ensuring the golf course is functional for patrons.

2001-2002 | **Head Women's Basketball Coach**

Knights Athletics, Southwestern Adventist University

Coaching women's basketball at the NAIA Division I level. Includes planning and implementing practices, recruiting athletes, coordinating travel, and coaching during games.

1999-2002 | **Department Chair, Assistant Professor**

Physical Education & Wellness Department, Southwestern Adventist University

Performing administrative duties such as attending committee meetings, advising students, curriculum design, and coordinating contract instructors. Teaching courses for undergraduate physical education students including Professional Activities, Coaching, Kinesiology, Administration of Physical Education, History and Philosophy of Sport, Intermediate Basketball, Softball, Flag Football, and Senior Seminar.

1999-2002 | **Athletic Director**

Knights Athletics, Southwestern Adventist University

Administration of varsity and club sports at the NAIA Division I level. Includes game scheduling, event coordination, athlete discipline, personnel management, promotion, and financial management. Designing and maintaining website.

1996-1999 | **Assistant Professor** of Physical Education

Physical Education Department, Atlantic Union College

Taught classes including Administration of PE, Fitness and Wellness, Sport and Human Experience, Biomechanics, Motor Learning, Care and Prevention of Athletic Injuries, Cycling, Flagball, Soccer, Tennis, Basketball, and Golf. Advised students. Maintained web page with class notes and information.

1996-1999 | **Facility Manager**

Physical Education Department, Atlantic Union College

Staff supervision and hiring for department. Monitored usage and maintenance of facility. Enforced college and department rules.

1997 | **Golf Course Maintenance**

Twin Springs Golf Course, Bolton, Massachusetts

Mowing fairways and greens and other tasks for ensuring the golf course is functional for patrons.

1996-1999 | **Intramural Coordinator**

Physical Education Department, Atlantic Union College

Scheduled, promoted, refereed, and supervised all intramural activities.

1996-1998 | **Assistant Men's Basketball Coach**

Athletics, Atlantic Union College

Coached, managed finances, coordinated transportation, and set up for games.

1995-1996 | **Graduate Teaching Assistant**

Physical Education Department, Brigham Young University

Instructed and organized activity classes including Basketball, Volleyball, Golf, Soccer, and Elementary PE.

1995 | **Student Teacher**

Physical Education, Gem State Adventist Academy

Performed full duties of physical education teacher including teaching PE and health classes, supervising student workers, coordinating intramurals, and other student supervision duties.

1995 | **Golf Course Maintenance**

Boise Valley Ranch Golf Course, Boise, Idaho

Mowing greens, tees, and fairways and other tasks for ensuring the golf course is functional for patrons.

1995 | Lady Wolves **Assistant Basketball Coach**

Varsity Athletics, Walla Walla College

Ran drills, planned strategy, and developed athletes' skills.

1993-1994 | **Intramural Assistant**

Intramurals, Walla Walla College

Included organizing, scheduling, supervising, and officiating flag football, basketball, floor hockey, volleyball, and softball.

1991-1992 | **Assistant Athletic Trainer**

Pioneers Athletic Program, Columbia Union College, Takoma Park, Maryland

Provided first aid and rehabilitation of injured varsity athletes.

COURSES TAUGHT

- PEAC 121 Flag Football | Southwestern Adventist U. 2001
- PES 131 Foundations of Physical Activity & Health | Eastern Oregon University 2005-current
- PEAC 130 Baseball/Softball | Southwestern Adventist U. 2002
- PEAC 142 Tennis | Atlantic Union College 1996-1998 | Southwestern Adventist U. 1999-2000
- PEAC 143 Beginning Tumbling | Atlantic Union College 1998
- PEAC 165 Golf | Atlantic Union College 1999
- PEAC 171 Cycling | Atlantic Union College 1998
- PEAC 180 Basketball | Atlantic Union College 1997-1999
- PEAC 183 Flag Football | Atlantic Union College 1997
- PEAC 185 Soccer | Atlantic Union College 1997
- PES 199 Advanced Fitness and Performance Training | Eastern Oregon University 2009
- PEAC 221 Flag Football Teaching & Officiating | Southwestern Adventist U. 2001
- PEAC 230 Baseball/Softball Teaching & Officiating | Southwestern Adventist U. 2002
- PEAC 267 Track & Field | Atlantic Union College 1997
- PEAC 342 Intermediate Tennis | Southwestern Adventist U. 2000
- PEAC 351 Intermediate Basketball | Southwestern Adventist U. 2000
- PETH 225 Care & Prevention of Athletic Injuries | Atlantic Union College 1998
- PETH 231 Professional Activities I | Southwestern Adventist U. 1999-2000
- PETH 232 Professional Activities II | Southwestern Adventist U. 2000-2001
- PEH 250 Personal Skills for Healthy Living | Eastern Oregon University 2002-2004
- PES 270 History & Philosophy of Sport | Southwestern Adventist U. 2001 | Eastern Oregon University 2002-current
- PETH 265 Sport and Human Experience | Atlantic Union College 1996-1999
- PES 294 Teaching Team Sports | Eastern Oregon University 2002-current
- HWS198 Outdoor Activities for Lifetime Wellness | Eastern Oregon University 2012-current
- HWS 298 Health/Fitness for Life | Atlantic Union College 1996-1999 | Eastern Oregon University 2002-current
- EXS 311 Sport Psychology | Eastern Oregon University 2002-current
- HWS 320 Healthy Activities and Games for Youth | Eastern Oregon University 2005-current
- PETH 331 Kinesiology | Southwestern Adventist U. 2000
- PETH 344 Motor Learning | Atlantic Union College 1998
- PETH 346 Biomechanics | Atlantic Union College 1998
- PETH 351 Coaching | Southwestern Adventist U. 1999-2000
- PES 364 Scientific Basis for Coaching Youth Sport | Eastern Oregon University 2004-current
- PES 394 Teaching Games, Dance, & Gymnastics | Eastern Oregon University 2002-current
- PES 470 Sport Management | Atlantic Union College 1997-1999 | Southwestern Adventist U. 1999-2002 | Eastern Oregon University 2002-current
- PETH 490 Senior Seminar | Southwestern Adventist U. 2000-2002
- PES 494 Teaching Individual Sports | Eastern Oregon University 2002-current
- PES 507 Sport Sociology | Eastern Oregon University 2004
- PES 507 Administration of Sport & PE | Eastern Oregon University 2004
- PES 574, 575, 576 PE/Health Methods | Eastern Oregon University 2011-12
- HPE 586 Athletic Budgeting, Finance, and Fundraising | Central Washington University 2018

SCHOLARLY CONTRIBUTIONS

Scholarship

Books

Sather, B. A., & Larson, M. (2006). Mountain Biking La Grande, Oregon. La Grande, OR: Recreation Publishing.

Peer-reviewed Papers

Isaak, J., & Sather, B. (2023). Motovlogging as an Avalanche Education Medium for Motorized Backcountry Enthusiasts. *International Snow Science Workshop (ISSW) Proceedings*.
https://arc.lib.montana.edu/snow-science/objects/ISSW2023_P3.10.pdf

Sather, B. (2019 Sept 20). Keep IT simple: A vanilla approach to teaching physical activity with technology. *PHE America*.
<https://www.pheamerica.org/2019/keep-it-simple-a-vanilla-approach-to-teaching-physical-activity-with-technology/>

Sather, B. (2011). Physical Activity: A Critical Component of a Complete Education. *Journal of Adventist Education*, 74(1). <http://jae.adventist.org>

Sather, B. (2010) UniCommons.com: Developing a new teaching platform. In W. S. Hamerslough, C. Inouye (Eds.), *Western society review* (8th ed., pp. 15-17). Reno, NV: Western Society for Kinesiology and Wellness.

Sather, B. A. (2010). Developing Untouchable Kinesiology Professionals. In W. S. Hamerslough, C. Inouye, J. Z. Ostarello (Eds.), *Western Society Review* (8th ed., p. 32-34). Reno, NV: Western Society for Kinesiology and Wellness.

Heath, Z., & Sather, B. (2009). Critical kinematic analysis of road cycling using Dartfish. In W. S. Hamerslough, C. Inouye, J. Z. Ostarello (Eds.), *Western society review* (7th ed., p. B-0). Reno, NV: Western Society for Kinesiology and Wellness.

Sather, B. (2009) Developing PEvideo.org and online video content for learning. In W. S. Hamerslough, C. Inouye, J. Z. Ostarello (Eds.), *Western society review* (7th ed., p. B-0). Reno, NV: Western Society for Kinesiology and Wellness.

Sather, B. A. (2006). Sport skill video recording and production for physical educators. In W. S. Hamerslough, C. Inouye, J. Z. Ostarello (Eds.), *Western Society Review* (4th ed., pp. A16-17). Reno, NV: Western Society for Kinesiology and Wellness.

Sather, B. A. (2006). Web-channeled activity class opportunities. In W. S. Hamerslough, C. Inouye, J. Z. Ostarello (Eds.), *Western society review* (4th ed., pp. C16-17). Reno, NV: Western Society for Kinesiology and Wellness.

Sather, B. A. (2005, October). Kinesiology Professors Should Fully Embrace Online Instruction: Dismissing Four Excuses. Western Society for Kinesiology and Wellness Monograph Series.

Sather, B. A. (2005, September). Managerial Control by Physical Education Chairpersons. *Chronicle of Kinesiology and Physical Education in Higher Education*, 16(3), 1, 14-16.
https://BrianSather.com/scholarship/managerial_control-sather.pdf

Sather, B. (2004). Enhancing endurance training with GPS. *PE Digest*, 21(2), 32-33.

Presentations

Bussey, R. & Sather, B. (2020, March 24). Tangible help for online teaching of Health & Physical Education/Kinesiology in SDA Colleges. Interactive training webinar for Seventh-day Adventist Health, Physical Education, Recreation Association (SDA-HPERA).

Faculty supervisor for 3 presentations:

Zollman, K., Alegria, O., Farmer, B., Sledge, C., & Wildbill, W. (2019, May). Using annotative video to illustrate the sport psychology of being in and out of the flow state. Presentation at the annual Spring Symposium, Eastern Oregon University, La Grande, Oregon.

Salcedo, J., Jones, L., Lopez, G., McKay, J., Slapinski, L., & Hutton, J. (2019, May). Communication within athletics and outside psychological factors: With an annotated video approach. Presentation at the annual Spring Symposium, Eastern Oregon University, La Grande, Oregon.

Bullard, S., Troutman, M., & Meier, W. (2019, May). Competition vs. cooperation in sport: Annotated video presentation and discussion. Presentation at the annual Spring Symposium, Eastern Oregon University, La Grande, Oregon.

Sather, B. (2018 May). Trails of the Western Eagle Cap Wilderness: Wallowa Mountains, Oregon. Project presentation at the Eastern Oregon University Faculty Colloquium Series, La Grande, Oregon.

Faculty supervisor:

Stutheit, R., Anteau, T., Howe, A., Watkins, C., Chamberlain, J., & Morrell, T. (2017, May). Expert coaches illustrate the best coaching practice to promote group cohesion. Panel presentation presented at the annual Spring Symposium, Eastern Oregon University, La Grande, Oregon.

Sather, B. (2016 Oct). Wilderness Ethic & the Mountain Bike Challenge. Presentation at the Dr. Bob Frederick Sport Leadership Lecture Series at Lewis-Clark State College, Lewiston, Idaho.
<http://vanmullempete.wixsite.com/lcscsportleadership/sather>

Thomas, R., Lee, M., & Sather, B. (2015, March). Using apps in PE. Panel presentation at the annual meeting of the Seventh-day Adventist Health, Physical Education, Recreation Association (SDA-HPERA), Federal Way, WA. <http://www.sdahpera.org/page/2015>

Sather, B. (2015, April). Online-based Projects for Better Learning. Presentation at SUNY Plattsburgh Fitness & Wellness Leadership Department, Plattsburgh, NY.

Sather, B. (2015, March). Jim Hanson Memorial Lecture: The On High Practice of Outdoor Recreation. Presentation at the annual meeting of the Seventh-day Adventist Health, Physical Education, Recreation Association (SDA-HPERA), Federal Way, WA. <http://www.sdahpera.org/page/2015>

Sather, B. (2014, October). Featuring Recreation Trails Online: The Technology, Process, and Experience! Presentation at the annual meeting of the Western Society for Kinesiology and Wellness (WSKW), Reno, NV. [https://BrianSather.com/scholarship/Featuring Recreation Trails Online by Sather WSKW 2014.mp3](https://BrianSather.com/scholarship/Featuring%20Recreation%20Trails%20Online%20by%20Sather%20WSKW%202014.mp3)

Sather, B. (2014, October). The Journey of a Thousand Miles: Creating Recreation Trail Guides in NE Oregon. Presentation at the annual meeting of the Western Society for Kinesiology and Wellness (WSKW), Reno, NV. [https://BrianSather.com/scholarship/Journey of a Thousand by Sather WSKW 2014.mp3](https://BrianSather.com/scholarship/Journey%20of%20a%20Thousand%20by%20Sather%20WSKW%202014.mp3)

Sather, B. (2014 May). Follow my tracks: The recreation trails of Northeast Oregon. Project presentation at the Faculty Colloquium Series, Eastern Oregon University, La Grande, Oregon.

Sather, B., & Pierce, M. (2013, October). What Lance Wouldn't Do: Doping Drama in Cycling. Presenters for round table discussion at the annual meeting of the Western Society for Kinesiology and Wellness (WSKW), Reno, NV.

Sather, B. (2013, April). Recreation and fitness event promotion. Presentation at the annual meeting of the Seventh-day Adventist Health, Physical Education, & Recreation Association (SDA-HPERA), Charlotte, NC. <http://sdahpera.org/page/2013>

Silvers, W. M., Ulbright, J., Lawton, N., Sather, B., & Heath, Z. (2012, October). Social media and technology roles for the promotion of health, wellness, and fitness. Panelist for presentation at the annual meeting of the Western Society for Kinesiology and Wellness (WSKW), Reno, NV.

Sather, B.A. (2012, October). Young Scholar celebration: Perceptions and experiences of being a professional in academia. Honored panelist for presentation at the annual meeting of the Western Society for Kinesiology and Wellness (WSKW), Reno, NV.

Sather, B. A. (2011, October). Western Society Review (Future Considerations). Facilitator for discussion at the annual meeting of the Western Society for Kinesiology and Wellness (WSKW), Reno, NV.

Faculty supervisor for 2 presentations:

Foteff, A. (2011, May). Applying goal setting to improve an individual's athletic performance in the field of play. Poster session presented at the annual Spring Symposium, Eastern Oregon University, La Grande, Oregon.

Roy, J., Ranstrom, J., MacCarthy, L. A., Garro, A., McKague, J., Gordon, B., & Moore, K. (2011, May). Creating and using animated video as a conversation medium for motivational concepts in sport. Poster session presented at the annual Spring Symposium, Eastern Oregon University, La Grande, Oregon.

Paulson, R., Garver, P., Yeaton, F., Sather, B., Zimmerman, D. (2011, March). Balancing our programs. Panelist for discussion at the annual meeting of the Seventh-day Adventist Health, Physical Education, & Recreation Association (SDA-HPERA), La Sierra University, Riverside, CA.

Sather, B. A. (2010, October). Hot topic: Are universities effectively preparing students for the profession? Panelist for discussion at the annual meeting of the Western Society for Kinesiology and Wellness (WSKW), Reno, NV

Dutto, D., & Sather, B. (2010 May). Effect of seat height on cycling efficiency. Paper presented at the Faculty Colloquium Series, Eastern Oregon University, La Grande, Oregon.

Faculty supervisor for 5 presentations:

Bragato, A. (2010, May). Proposal: To add personal training preparatory classes to EOU's Physical Activity & Health Program. Poster session presented at the annual Spring Symposium, Eastern Oregon University, La Grande, Oregon.

Bragato, A. (2010, May). Lifting technique & the lumbar spine. Poster session presented at the annual Spring Symposium, Eastern Oregon University, La Grande, Oregon.

Huber, I., & Sjolund, B. (2010, May). Using mobile devices to enhance student learning. Multimedia presentation at the annual Spring Symposium, Eastern Oregon University, La Grande, Oregon.

Carstens, N., Michelson, A., Nielsen, S., Hernandez, K., Moore, K., Patton, T., & Bragato, A. (2010, May). Using video technology to enhance physical education. Multimedia presentation at the annual Spring Symposium, Eastern Oregon University, La Grande, Oregon.

Braaten, R. (2010, May). P.E. workshops for classroom teachers. Webcast presentation at the annual Spring Symposium, Eastern Oregon University, La Grande, Oregon.

Sather, B. A. (2009, October). Development of an online system to support a teaching philosophy. Paper presented at the annual meeting of the Western Society for Kinesiology and Wellness (WSKW), Reno, NV.

Sather, B. A. (2006, October). Young scholar update session. Paper presented at the annual meeting of the Western Society for Kinesiology and Wellness (WSKW), Reno, NV.

Sather, B. A. (2009, October). Addressing cycling in kinesiology & health. Panel moderator and presentation at the annual meeting of the Western Society for Kinesiology and Wellness (WSKW), Reno, NV.

Sather, B. A. (2008, October). Development of sport video websites for coaches, teachers, and athletes. Paper presented at the annual meeting of the Western Society for Kinesiology and Wellness (WSKW), Reno, NV.

Sather, B. A. (2008, February 6). Strength training for endurance athletes. Presentation for the Quinn Wellness Series, Eastern Oregon University, La Grande, OR.

Sather, B. (2008, January). Is TQM a Viable Model for Leadership in University Kinesiology Departments? Paper presented at the meeting of the National Association of Kinesiology and Physical Education in Higher Education (NAKPEHE), Albuquerque, NM.

- Sather, B. A. (2006, October). Sport at religious institutions. Panelist for discussion at the annual meeting of the Western Society for Kinesiology and Wellness (WSKW), Reno, NV.
- Sather, B. A. (2006, October). Hot topic presentation: Feasibility of online physical activity classes. Panelist for discussion at the annual meeting of the Western Society for Kinesiology and Wellness (WSKW), Reno, NV.
- Sather, B. A. (2006). Broten Young Scholar update. Presentation at the annual meeting of the Western Society for Kinesiology and Wellness (WSKW), Reno, NV.
- Sather, B. A. (2006, May). Practical online testing tips & techniques. Audiovisual presentation for Eastern Oregon University Technology Fair, La Grande, OR.
- Sather, B. A. (2006, April). Strategies for Web Content in Physical Education & Fitness Classes: Ideas and Discussion. Audiovisual presentation for the annual meeting of the Seventh-day Adventist Health, Physical Education, and Recreation Association (SDA-HPERA), Salt Lake City, UT.
- Sather, B. (2006, January). Select examples of best practices of managerial control by kinesiology department chairs. Paper presented at the meeting of the National Association of Kinesiology and Physical Education in Higher Education (NAKPEHE), San Diego, CA.
- Sather, B. A. (2005, October). Sport Skill Video Recording and Production for Physical Educators. Audiovisual presentation for the annual meeting of the Western Society for Kinesiology and Wellness (WSKW), Reno, NV.
- Sather, B. A. (2005, October). Reaction to the Stoll & Beller Presentations. Panelist for discussion at the annual meeting of the Western Society for Kinesiology and Wellness (WSKW), Reno, NV.
- Sather, B. A. (2005, October). Kinesiology Professors Should Fully Embrace Online Instruction: Dismissing Four Excuses. Paper presented for the Art Broten Young Scholar Award Lecture at the annual meeting of the Western Society for Kinesiology and Wellness (WSKW), Reno, NV.
- Sather, B. (2004, October). Enhancing endurance sports using GPS. Paper presented at the meeting of the Oregon Association of Health, Physical Education, Recreation, and Dance (OAHPERD), Sherwood, OR.
- Sather, B. (2004, April). Teaching, learning, and assessment. Presenter on panel for Ruts to Grooves mini-conference, Eastern Oregon University, La Grande, OR.
- Sather, B. (2004, March). The Relationship between Financial Spending and Winning in NCAA Div. III. Paper presented at the meeting of the Northwest District AAHPERD, Walla Walla, WA.
- Sather, B. (2000, August). Interscholastic Sports in SDA Schools: Ask the Experts. Session moderator at the meeting of the North American Division of Seventh-day Adventist Teachers, Dallas, TX.

Peer-reviewed Abstracts

Sather, B. A. (2006). Sport at religious institutions [Abstract]. In W. S. Hammerslough, C. Inouye, J. Z. Ostarello (Eds.), *Western society review* (4th ed., p. B-10). Reno, NV: Western Society for Kinesiology and Wellness.

https://BrianSather.com/scholarship/sport_at_religious_institutions-sather.pdf

Sather, B. (2008, January). Is TQM a viable model for leadership in university kinesiology departments? [Abstract]. NAKPEHE Annual Conference Proceedings, 61. Retrieved from https://BrianSather.com/scholarship/Total_quality_management_presentation-sather-NAKPEHE.pdf

Sather, B. A. (2006). Broten Young Scholar update [Abstract]. In W. S. Hammerslough, C. Inouye, J. Z. Ostarello (Eds.), *Western Society Review* (4th ed., p. B-11). Reno, NV: Western Society for Kinesiology and Wellness.

Sather, B. (2005). Managerial Control of Faculty by Physical Education Department Chairpersons [Abstract]. *Research Quarterly for Exercise and Sport*, 76(1), A-129.

https://BrianSather.com/scholarship/managerial_control-sather.pdf

Poster Presentation

Isaak, J., & Sather, B. (2023 October). Motovlogging as an Avalanche Education Medium for Motorized Backcountry Enthusiasts. Poster session presented at the annual meeting of the International Snow Science Workshop (ISSW), Bend, Oregon.

<https://arc.lib.montana.edu/snow-science/item.php?id=3052>

Loupe, M., & Sather, B. (2017). Proposal: Add sports management masters and undergraduate degree programs to the Eastern Oregon University campus. Poster session presented at the annual Spring Symposium, Eastern Oregon University, La Grande, Oregon.

Sather, B., & Hurd, T. (2016). Online systems for integrating the safety, strategy, and stoke of backcountry adventure. Poster session presented at the annual meeting of the International Snow Science Workshop (ISSW), Breckenridge, Colorado. [https://BrianSather.com/scholarship/Online Systems - Sather, Hurd - ISSW2016 Paper.pdf](https://BrianSather.com/scholarship/Online%20Systems%20-%20Sather,%20Hurd%20-%20ISSW2016%20Paper.pdf) and [https://BrianSather.com/scholarship/Online Systems - ISSW 2016 Poster - Sather, Hurd.pdf](https://BrianSather.com/scholarship/Online%20Systems%20-%20ISSW%202016%20Poster%20-%20Sather,%20Hurd.pdf)

Faculty supervisor for:

Shelton, B. (2016, May). Review of the effectiveness of implementing an imagery intervention among athletes to improve rehabilitation outcomes post anterior cruciate ligament reconstruction. Poster session presented at the annual Spring Symposium, Eastern Oregon University, La Grande, Oregon.

Faculty supervisor for 2 presentations:

Rodriguez, N. (2014, May). The complexities of anger's impact on sports performance: A review of research literature. Poster session presented at the annual Spring Symposium, Eastern Oregon University, La Grande, Oregon.

Heath, Z., & Sather, B. (2008, May). Video Analysis of Cyclists' Road and Time Trial Riding Positions. Poster session presented at the annual Spring Symposium, Eastern Oregon University, La Grande, Oregon.

Sather, B. (2005). Managerial control of faculty by physical education department chairpersons. Poster session presented at the annual meeting of the American Alliance for Health, Physical Education, Recreation, and Dance (AAHPERD), Chicago.

Sather, B. (2003, February). Offering Activity-based Physical Education Pedagogy Classes Online. Paper presented at the meeting of the Northwest/Southwest District AAHPERD, Reno, NV.

Internet Media

U.S. Forest Service (Producer), Lyon, A. (Director). (2019). Granite Gulch Fire [Motion Picture]. United States: Washington, DC. Retrieved from <https://www.youtube.com/watch?v=VtwnNuWMY9E>

Fire, Weather & Avalanche Center (Producer), Sather, B. (Director). (2017-present). FWAC Flyover [Motion Picture Series]. United States: La Grande, Oregon. <https://www.fireweatheravalanche.org/flyover/social-media>

La Grande Ride, Inc. (Producer), Sather, B. (Director). (2017-present). Professor BS Video Log [Motion Picture Series]. United States: Summerville, Oregon. Retrieved from <https://www.youtube.com/playlist?list=PLIBlcmzrEUED06Lu32HUBEJJa2Q8UREPm>

La Grande Weather Service, Inc. (Producer), Hurd, T., & Sather, B. (Directors). (2014, Apr). Go home: Backcountry Skiing in NE Oregon [Motion Picture]. United States: La Grande. Retrieved from <https://vimeo.com/91195716>

Sather, B. (2013) *Mountain Biking Northeast Oregon*. <https://www.lagranderride.com/mtb>

Sather, B. (2013) The MERA Map. <https://www.lagranderride.com/maps/trail/mountain-bike/mera>

Eastern Oregon Outdoor Program (Producer), Isaak, J., & Alexander, J. (Directors). (2013, Feb). Winter in the land of winding waters [Motion Picture Trailer]. United States: Eastern Oregon University. <https://vimeo.com/59622211>

Cragun, S., Grittman, A., Hernandez, K., Nielson, S., & Sather, B. (2012, Feb). Physical education lesson plan template. Available online at <http://goo.gl/lbrDI>

Huber, I., Duke, R., Daugherty, G., Sjolund, B., & Sather, B. (2010, Mar). Using mobile devices to enhance student learning. Retrieved from <http://www.youtube.com/watch?v=DRMD67pW8M0>

Carstens, N., Michelson, A., Nielsen, S., Hernandez, K., Moore, K., Patton, T., Bragato, A., & Sather, B. (2010, Mar). Using video feedback to enhance learning in P.E. Retrieved from <http://www.youtube.com/watch?v=nu1AqU42pCA>

Sather, B. (Producer). (2009). MyPyramidTracker.gov nutrition analysis. UniCommons.com. Podcast video retrieved from <http://www.uniconmons.com/instructor/tutorials/mypyramidtrackergov-nutrition-anlaysis>

Sather, B. (2008). Periodization for Bicycle Racing. Guest lecture for EXS451 Scientific Basis for Sports Conditioning, Eastern Oregon University, La Grande, OR.

Website Developer/Administrator

MAPOtechnology.com (2023-present)

MAPOtrails.com (2023-present)

MAPOfire.com (2023-present)

FireWeatherAvalanche.org (2024-present)

Co-owner and developer for MAPO LLC developing graphical-interface system technology and online content.

QuiverSki.com (2019-present)

A commercial website selling aftermarket snowbike skis based in Baker City, Oregon.

COavalanche.org (2015-present)

Developer of of website starting in 2015. Bend-based non-profit organization for promoting snow safety in the backcountry.

WallowaAvalancheCenter.org (2014-2017)

Developer of new website launched Nov 2014. Regional non-profit organization for promoting snow safety in the backcountry.

Journal of Kinesiology & Wellness (JKW) (2012-2016)

Journal of Kinesiology & Wellness (JKW), a publication of the Western Society of Kinesiology & Wellness. Associate Editor of Technical Production for this online-based journal first published in 2012.

www.LaGrandeRide.com/XTERRA (2012-2016)

Website for race, with results, pictures, and more.

WSKW.org (2010-2016)

Website for the Western Society for Kinesiology & Wellness.

PEbiography.com (2010-2016)

This site is a project aimed at presenting an extensive database of physical educator biographies. Heading the project are Don Lawrence, Azusa Pacific University and Brian Sather, Eastern Oregon University. During 2010 and early 2011, the site will be in a draft state, undergoing development, but will be available to the public most of the time.

WSreno.com (2009-2010)

Website for 2010 conference of the Western Society for Kinesiology & Wellness.

UniCommons.com (2009-2014)

UniCommons.com is a collaborative learning platform for classes and academic content. Pronounced YOU-nee-commons, the name conveys a sense of togetherness in learning. "Uni" is a recognized contraction of "university" and also means "one" in the formation of compound words ("Uni," n.d.). This project focuses on a return to the original meaning of university as "a community of masters and scholars" ("University," n.d., para. 1). "Commons" represents shared ground or a shared road ("Concurrency," 2008) whereby learners at UniCommons.com may share a common platform to develop and present their scholarship.

CyclingAnalysis.com (2008-2016)

Ongoing

development https://www.BrianSather.com/scholarship/SDA-HPERAConventionProgram2012_with_history_in_fo.pdf of a collection of performance analysis video of road cycling, mountain biking, time trialing, and triathlon riding. Developed using Drupal content management system.

OregonTrailRacing.com (2007-2016)

Team website for bicycle racers and triathletes in the Northeast Oregon region. Includes a feature page of fitness and training resources. Also includes a lab page with cycling video for performance assessment.

BlatherOnBicycling.com (2007-2013)

Musing, advice, and racing talk about bikes in Northeast Oregon by Brian Sather.

SolsticeTriathlon.com (2007-2008)

An off-road triathlon of La Grande, Oregon.

3RiversRelay.com (2006-2007)

A charity relay event in La Grande, Oregon.

NAKPEHE.org (2006-2008)

Website for the National Association for Kinesiology and Physical Education in Higher Education.

LaGrandeRide.com (2005-present)

A website promoting cycling in northeast Oregon, including rides, news, and instructional features.

PEvideo.org (2005-2016)

A comprehensive video library of sport skills and instruction video. Serves as a pedagogical tool for developing proficiency in sport skill analysis.

Fitness Page [PEvideo.org_.pdf](https://www.KEPEHE.org/fitness)

Skill Test Page PEvideo.org_.pdf
Basketball Page PEvideo.org_.pdf
Sample Video Page w Analyses PEvideo.org_.pdf
Tennis Serve Sample Page with Analyses PEvideo.org_.pdf
Rationale PEvideo.org_.pdf
eou.edu/asc (2005)
Academic Standards Website, Eastern Oregon University
Wolfhoundcycles.com
Website for Wolfhound Cycles, company building custom steel bicycle frames made in La Grande, OR.

eou.edu/physh (2003-2012)
Website for the Division of Physical Activity & Health homepage, Eastern Oregon University.

eou.edu/~bsather (2002-2009)
Website with content pertaining to classes taught by Brian Sather at Eastern Oregon University.

Designing and maintaining web sites for athletic department at <http://athletics.swau.edu>, physical education department at <http://pe.swau.edu/>, and personal web site with class notes and other information for students at <http://cosmic.swau.edu/~bsatherb> (1999-2002)

Designed and maintained web page for class notes, class information, intramurals, and facility. Atlantic Union College. (1997-1999)

Internet-published Paper

Sather, B., Shearer, G., & Thomas, R. (2018). Compiled references on SDA sports and competition. AdventistLearningCommunity.net. Retrieved from https://www.adventistlearningcommunity.net/coaching/assets/compiled-references-on-sda-sports_-_competition---sather-shearer-thomas---may-2018.pdf

Sather, B. (2017, November). Eagle Cap Wilderness trail mapping and media collection project summary. [https://www.BrianSather.com/scholarship/Eagle Cap Wilderness Trail Mapping and Media Collection Project Summary - Sather.pdf](https://www.BrianSather.com/scholarship/Eagle%20Cap%20Wilderness%20Trail%20Mapping%20and%20Media%20Collection%20Project%20Summary%20-%20Sather.pdf)

Sather, B. (2012, March). Histories of Schools with Interscholastic Sports. SDA-HPERA Annual Convention Proceedings, 4-11. Retrieved from https://www.BrianSather.com/scholarship/SDA-HPERAConventionProgram2012_with_history_info.pdf

Sather, B. (2012, Jan). Proposal: Building a dirt freeride park at MERA. Available online at <https://BrianSather.com/scholarship/Freeride%20Park%20Proposal%20MERA.pdf>

Sather, B. (2010, Feb). How to Develop an Effective Bachelor's Degree in Online Physical Education. [https://BrianSather.com/scholarship/How To Develop Online PE - Sather.pdf](https://BrianSather.com/scholarship/How%20To%20Develop%20Online%20PE%20-%20Sather.pdf)

- Sather, B. (2007). Working with and presenting video and audio media. Available online at <http://www.uniconmons.com/instructor/tutorials/working-and-presenting-video-and-audio-media>
- Sather, B. (2009). My university teaching philosophy & method. Retrieved September 27, 2009 from <http://www.uniconmons.com/instructor/brian-sather/my-university-teaching-philosophy-method>
- Sather, B. (2009, July). The University Class as a Metaphor for Business. Retrieved from <http://www.uniconmons.com/node/8888>
- Sather, B. (2009, July). Riding position guidelines for cyclists. Retrieved from <http://cyclinganalysis.com/basics/riding-position-guidelines>
- Sather, B. (2009, July). The Development, Influence, and Regulation of Globalization. Retrieved from <http://www.uniconmons.com/node/7774>
- Sather, B. (2009, July). Annotated bibliography of cycling research. Retrieved from <http://www.cyclinganalysis.com/node/284>
- Sather, B. (2009). Subjects. Retrieved October 25, 2009, from <http://www.uniconmons.com/subjects>
- Sather, B. (2009 September). The development of sport video websites for coaches, teachers, and athletes. Retrieved from <http://pevideo.org/node/327>
- Sather, B. (2007). College basketball playbook. Retrieved from <http://www.uniconmons.com/subjects/physical-activity/coaching/college-basketball-playbook>
- Sather, B. A. (2006). Professionalizing nonprofessionals: Academic administration in kinesiology. [https://briansather.com/scholarship/Professionalizing Nonprofessionals - SATHER manuscript.pdf](https://briansather.com/scholarship/Professionalizing%20Nonprofessionals%20-%20SATHER%20manuscript.pdf)
- Sather, B. A. (2004). The relation between financial spending and winning in NCAA Division III. Unpublished manuscript, Eastern Oregon University.
- Sather, B. A. (2004). Managerial control of faculty by physical education department chairpersons. Unpublished doctoral dissertation, Texas Woman's University, Denton, TX. https://www.briansather.com/scholarship/managerial_control_of_faculty-sather.pdf
- Sather, B. A. (1996). The development of interscholastic sports in Seventh-day Adventist academies and colleges. Unpublished masters thesis, Brigham Young University, Provo, UT. https://www.briansather.com/scholarship/development_of_interscholastic_sports_at_sda_academies_and_colleges.pdf

Articles

Stebbing, K. R., & Pridmore-Brown, J. (2013). Using amateur radio for backcountry safety. The *Avalanche Review*, 31(4), 8. https://www.briansather.com/scholarship/TAR31_4_LoRes.pdf

Sather, B. (2010). Message from the president. *WSKW Today*, 1(1), p. 1.

Sather, B. (2008, March). Riding out the great winter of 08. *Oregon Cycling Magazine*, 17(1). Retrieved from <http://www.oregoncycling.org/2008/03/riding-out-the-great-winter-of-08/>

Sather, B. (2008, January). On becoming an expert cyclist. *Oregon Cycling Magazine*, 16(10). Retrieved from <http://www.oregoncycling.org/2008/01/on-becoming-an-expert-cyclist/>

Sather, B. (2007, November). The matrix. *Oregon Cycling Magazine*, 16(9). [https://BrianSather.com/scholarship/The Matrix - Sather.pdf](https://BrianSather.com/scholarship/The%20Matrix%20-%20Sather.pdf)

Sather, B. (2007, October). Five under \$15: quality gear on the cheap. *Oregon Cycling Magazine*, 16(8). Retrieved from <http://www.oregoncycling.org/2007/10/five-under-15-quality-gear-on-the-cheap/>

Sather, B. (2007, September). The best bike for NE Oregon. *Oregon Cycling Magazine*, 16(7). Retrieved from <http://www.oregoncycling.org/2007/09/the-best-bike-for-ne-oregon/>

Sather, B. (2007, August). The Anthony climb: Oregon's clandestine challenge. *Oregon Cycling Magazine*, 16(6). Retrieved from <http://www.oregoncycling.org/2007/08/the-anthony-climb-oregons-clandestine-challenge/>

Reviewer & Journal Work

2021-present Member of Editorial Board of Sport Coach America www.sportcoachamerica.org

2019-present Reviewer of manuscripts for *PHE America* at www.pheamerica.org

2020 Reviewer of textbook manuscript for Wolters Kluwer Health Learning, *Ethics in Sport and Athletics* by Bob Schneider.

2020-present Member of Editorial Board for *PHE America* at www.pheamerica.org

2016 Reviewer of manuscripts for Art Broten Young Scholar Award, Western Society for Kinesiology & Wellness (WSKW).

2015 Reviewer of abstracts for 2016 National Coaching Conference. www.shapeamerica.org/events/coachingconf/index.cfm

2012-present Associate Editor of Technical Production, *Journal of Kinesiology & Wellness* (www.wskw.org/publications). Developer, editor, and consultant for this online-based, peer-reviewed journal of the Western Society of Kinesiology & Wellness. As president of WSKW in 2011, I proposed and gained approval

for the launch of this new journal, and later built the technical infrastructure to house the journal. After working closely with the editor throughout the year, the journal's first issue was published in October of 2012.

2010 Reviewer of and coordinator for proposals for presentations at the annual convention of the Western Society for Kinesiology & Wellness (WSKW).

2009 Reviewer of proposals for presentations at the annual convention of the Western Society for Kinesiology & Wellness (WSKW).

2009 Advisement on content for a mountain bike chapter of a new teaching outdoor recreation book, Human Kinetics.

2008-2009 Reviewer of manuscripts, *Journal of Adventist Education*.

2006-2007 Reviewer of textbook manuscript for Lippincott, Williams, & Wilkins Publishers. Now published as *Ethics of Sport and Athletics* by Arthur Schneider

2006 June Reviewer of textbook manuscript for Elsevier/Butterworth-Heinemann, Publishers for sport violence.

2005 Dec Reviewer of textbook manuscript for Halcomb Hathaway, Publishers for *Diversity in Sport Organizations*, by George B. Cunningham

2005-2006 Reviewer of abstracts for Research Consortium poster sessions and awards for 2006 AAHPERD National Convention and Exposition.

PROFESSIONAL RECOGNITION & SERVICE

Awards

2019 :: Co-authored successful Wildhorse Foundation Grant for Fire, Weather, & Avalanche Center titled, "Marketing and Equipment Funding for the Fire Weather & Avalanche Center."

2017 :: Awarded EOU Faculty Scholar Program. Project: "Eagle Cap Wilderness Trail Mapping & Media Collection"

2015 :: Invited presentation at the Jim Hanson Memorial Lecture, SDA-HPERA National Convention, Federal Way, WA, April 2015.

2013 :: Awarded EOU Faculty Scholar Program. Project: "Producing Recreation Trail Guides and Managing Fitness Events in Northeast Oregon"

2011 :: Awarded EOU Faculty Scholar Program. Project: "Functional Improvements of PEvideo.org and Development of PEbiography.com."

2010 :: Received summer grant from EOU for class redesign to meet university Difference, Power, & Discrimination (DPD) requirements

2010 :: Groups in 2 classes respectively won finalist awards for the NASPE/Polar USA Video Contest.

2009 :: Received full award, EOU Faculty Scholar Program. Project: "Content Management System Development for Physical Education."

2008 :: Received full award, EOU Faculty Scholar Program. Project: "Phase 2: Sport Skill Video Recording & Production."

2005 :: Dr. G. Arthur Broten Young Scholars Award for 2005. Western Society for Kinesiology and Wellness.

2005 :: Received full award, EOU Faculty Scholar Program. Project: "Sport Skill Video Recording and Production for Physical Educators."

2005 :: Awarded EOU Scholarship of Assessment Grant. Proposal title: "Pilot Techniques for Evaluation of Teaching Effectiveness."

Professional Organization Positions

2019-current :: Participant in Professional Learning Community for Physical Education Teachers, La Grande School District.

2017-current :: Vice-president and Board Member of Fire, Weather & Avalanche Center.

2012-2017 :: Advisor to the Board, Wallowa Avalanche Center.

2012 March :: Conference Planner, SDA-HPERA Annual Convention, South Lancaster, MA. Theme: "A Retrospective and Introspective on Sports in Seventh-day Adventist Schools." <http://sdahpera.org/page/7325>

2012 January :: Conference Planner, Silver Falls convention for Oregon physical education teachers in higher education

2011-2016 :: Communications Director, Western Society for Kinesiology & Wellness. Responsible for website administration, communication, and other media services including the organization of the review process and information management of the *Journal of Kinesiology & Wellness*.

2011-2012 :: President, Seventh-day Adventist Health, Physical Education, and Recreation Association (SDA-HPERA).

2010-2011 :: President, Western Society for Kinesiology & Wellness (WSKW). Began the *Journal of Kinesiology & Wellness*, voted and approved at the conference.

2010 :: President-elect, Seventh-day Adventist Health, Physical Education, and Recreation Association (SDA-HPERA)

2009 :: President-elect, Western Society for Kinesiology & Wellness (WSKW). Planner for 2010 WSKW Annual Conference in Reno.

2006-2016 :: Central Committee representative for Oregon, Western Society for Kinesiology & Wellness (WSKW).

2005-2008 :: Treasurer Oregon Association for Health, Physical Education, Recreation, and Dance (OAHPERD).

2006-2008 :: Appointed web administrator (<http://www.nakpehe.org>) and member of Technology Committee for the National Association for Kinesiology and Physical Education in Higher Education (NAKPEHE).

2006-2008 :: Service on "Future Directions Committee" for Research Consortium of the American Alliance for Health, Physical Education, Recreation and Dance (AAHPERD).

2005-2006 :: Service on "Committee on Awards" for Research Consortium of the American Alliance for Health, Physical Education, Recreation and Dance (AAHPERD).

2000-2003 :: Listserv administrator for Seventh-day Adventist physical educators and coaches email list.

1999 2002 :: Moderator of the "Physical Education/Athletics" section of the Adventist Education Forum online at <http://edforum.adventist.org/>

Certifications

2020 :: Title IX and Sexual Harassment Certificate, Oregon Safe Colleges.

2019-2023 :: Preliminary Teaching License, K-12 Physical Education, Oregon Teacher Standards and Practices Commission.

2019 Dec :: Crucial Accountability certified, by VitalSmarts.

2019 :: Residency Teacher, K-12 Physical Education, State of Washington.

2019 Jul :: Crucial Conversations certified, by VitalSmarts.

2019 Jun :: S130 Firefighter Training, S190 Intro to Wildland Fire Behavior, ICS100 Intro to ICS, L180 Human Factors from National Wildfire Coordinating Group hosted by FS, ODF, BIA, BLM, DNR in La Grande, Oregon.

2019 :: FEMA Emergency Management Institute IS-00700.b An Introduction to the National Incident Management System

2013 :: AIARE Level 2 Analyzing Snow Stability and Avalanche Hazard certified.

2012 :: FCC Level 1 Technician Class License for Ham Radio

2012 :: AIARE Level 1 Decision Making in Avalanche Terrain certified. Also attended AIARE Avalanche Awareness Presentation, Jan. 19, 2012, La Grande, Oregon.

2011-current :: AQx Sports Approved Instructor

2007-current :: National Federation of State High School Associations (NFHS) Fundamentals of Coaching instructor certification.

2004-current :: American Sport Education Program (ASEP) bronze level instructor certification.

Memberships & Conventions

2021 Apr :: Attended SDA-HPERA Conference <https://www.sdahpera.org/conventions/2021>

2020 Apr :: Attended SDA-HPERA Conference <http://www.sdahpera.org/page/2020>

2019 Nov :: Exposition booth representative for Quiver Ski Company at Idaho Snowmobile Show, Boise, ID.

2019 Apr :: Attended SDA-HPERA Conference via web-conference.

2018 Apr :: Attended SDA-HPERA Conference via web-conference.

2017 Nov :: Attended Utah Snow & Avalanche Workshop and Morning Clinic for Motorized Users, Snowbird, UT.

2016 Oct :: Attended International Snow Science Workshop, Breckenridge, CO.

2005-2016 :: Member of Western Society of Kinesiology & Wellness. Attended conventions in Reno, NV (2005-2006, 2008-present).

1995-2014 :: Member of American Alliance for Health, Physical Education, Recreation, and Dance (AAHPERD). Attended national conventions in St. Louis, MO (1997); Reno, NV (1998); Boston, MA (1999); Orlando, FL (2000); Cincinnati, OH (2001); San Diego, CA (2002); Chicago (2004); Salt Lake City, UT (2005); San Diego, CA (2011), Boston, MA (2012); and Charlotte, NC (2013).

2001-2014 :: Member of Seventh-day Adventist Health, Physical Education, Recreation and Dance Association (SDA HPERA).

2012 July :: Attended OUS Department Chair's Workshop, Portland, OR.

2004-2013 :: Participated in Silver Falls convention for Oregon physical education teachers in higher education.

2009-10 :: Member of Teachers Without Borders, a professional network of teachers.

2006-2009 :: Member of National Association of Kinesiology and Physical Education in Higher Education (NAKPEHE). Attended conventions in St. Petersburg, FL (2007); and Albuquerque, NM (2008).

2002-2008 :: Member of Oregon Alliance for Health, Physical Education, Recreation, and Dance (OAHPERD). Attended conventions in Corvallis, OR (2002); Sherwood, OR (2003 & 2004); and Salem, OR (2007).

2005-2007 :: Member of Research Consortium, of American Alliance for Health, Physical Education, Recreation, and Dance (AAHPERD).

1999-2000 :: Member of Phi Alpha Theta, national history honors society, Atlantic Union College.

1995-2005 :: Member of Seventh-day Adventist Health, Physical Education, Recreation and Dance Association (SDA HPERA). Association secretary in 2001-02.

Internet Community Contributions

2020 March :: Snowbike ski review, Quiver Nemesis Snowbike Ski Review @ 1000 miles, Part 1, <https://www.youtube.com/watch?v=kMaZRWu67-E>

2019 April :: Drone video production of historic flooding Grande Ronde Valley and McKay Creek (Pendleton) at <https://www.fireweatheravalanche.org/flyover> . Also featured on Portland, Oregon news.

2017-present :: Recreation video production including drone video at <https://www.youtube.com/user/lagranderride/>

20018-present :: Moto-vlog on Youtube, Professor BS series at <https://www.youtube.com/playlist?list=PLIBlcmzrEUED06Lu32HUBEJJa2Q8UREPm>

2005-present :: Owner of several domains and online projects. See a full list at <http://BrianSather.com/content/my-domains>

2007-present :: Active contributor to Drupal community of website developers. www.drupal.org

2007-2016 :: Contributing editor to Wikipedia including the following. www.wikipedia.org

- Intramural Sports. (2006, October 28). In Wikipedia, The Free Encyclopedia. Retrieved November 5, 2006, from <http://en.wikipedia.org/wiki/Intramural>

ADMINISTRATIVE ACCOMPLISHMENTS

2020 :: Creating promotional videos for Quiver Ski Company, Baker City, Oregon.

2019-2020 :: Installation and maintenance of two webcams at Ski Bluewood, Dayton, Washington.

2018-present :: Backcountry webcam installation and maintenance at Spout Springs Ski Resort, Weston, Oregon.

2017-2019 :: Research collaborating with Norut - Northern Research Institute (Norway) for providing satellite-based avalanche imagery for Northeastern Oregon and verification of accuracy for improving an avalanche forecasting algorithm.

2017 August :: Authored founding Fire, Weather, and Avalanche Center Bylaws.

2014 July :: Race Director, Roundabout Spout XC Mountain Bike Race, Tollgate, Oregon.

2013 July :: Race Director, XTERRA La Grande Offroad Triathlon.

2013 May :: Race Director, Oregon Trail Sprint Triathlon, North Powder, Oregon.

2013 Feb :: Race Director, Randonee Race of Eastern Oregon Backcountry Festival, Anthony Lakes, Haines, Oregon.

2012 July :: Race Director, XTERRA La Grande Offroad Triathlon.

2012 :: Awarded EOU Technology Grant: Timing Chip System. Purchased IPICO timing system lite reader (2), chips, and software for race management.

2011-present :: As Chair of Division of Physical Activity and Health, added 1 full-time fixed term instructional position (Fall 2011), added 2 additional tenure-track position of health professor (Fall 2012 & Fall 2013), added new outdoor recreation classes and maintained ongoing collaboration with EOU Outdoor Program, proposed and approved a new class HWS198, spearheaded and EOU internship collaboration with Wallowa Avalanche Center.

2010-present :: Spearheaded the attainment of a new graduate assistant position for the division of physical activity & health at Eastern Oregon University. Coordinated the graduate student's work responsibilities.

2009-2010 :: Prompted and provided advisement for replacement of equipment in the fitness center at Eastern Oregon University.

2007-present :: Initiated and managed the inception of Oregon Trail Racing as regional cycling team for Northeast Oregon.

2009 :: Completed Ashford University adjunct faculty orientation.

2008 :: Supervised student Zachary Heath's successful Technology Fee Grant: Biofeedback Devices for Aerobic Performance Training: GPS, Heart Rate, and Lactate Analysis.

2007 :: Awarded EOU Technology Fee Grant: Dartfish Human Performance Analysis System. Purchased licenses for Dartfish software, Basler high speed video camera, and underwater camera.

2002-2004 :: Distance Learning Faculty Specialist. Overseeing the distance education physical education offerings. Coordinated and personally developed classes needed to offer a unique physical education bachelor's degree entirely through distance education. Eastern Oregon University.

2002 :: Designed and oversaw remodeling of a new weight room. Southwestern Adventist University.

2001 :: Initiated and guided the widening of the soccer field. Southwestern Adventist University.

2001 :: Organized and directed the 2000 Seventh-day Adventist Hoops Classic college basketball tournament. Southwestern Adventist University.

2001 :: Accepted Red River Athletic Conference Women's Sportsmanship Award for athletic program. Southwestern Adventist University.

2001 :: Requested and oversaw the construction of a new office and new classroom in the gymnasium. Southwestern Adventist University.

2001 :: Increased media exposure by publishing articles in local newspapers Keene Star and Cleburne Times-Review. Southwestern Adventist University.

2001 :: Added a Bachelor of Science degree in Exercise Science. Southwestern Adventist University.

2000 :: Accepted Red River Athletic Conference Athlete Grade Point Average Award for an athletic program that maintained the highest grades in the conference. Southwestern Adventist University.

2000 :: Successfully proposed an addition of a full-time faculty member to the department. Supervised the search and hire of a qualified new faculty. Southwestern Adventist University.

1999 :: Appealed an NAIA suspension ruling enforced on the athletic program as a result of violations by a previous administration. The NAIA accepted the appeal and reduced the penalty from 2 years to 1 year. Southwestern Adventist University.

1997 :: Implemented a computer based scan system to monitor usage of the recreation facility. Atlantic Union College.

INSTITUTIONAL SERVICE

Committees

2024-current :: Member, Budget & Planning Committee, Eastern Oregon University.

2023-24 :: Member, Faculty Senate, Eastern Oregon University.

2019- 2021 :: Member, Budget & Planning Committee, Eastern Oregon University.

2018-2019 :: Member, Athletic Advisory Committee, Eastern Oregon University.

2017 :: Senate ad hoc committee on student evaluations of teaching, Eastern Oregon University.

2016-2018 :: Member, Faculty Senate, Eastern Oregon University

2014 :: Member, repeat search committee for Outdoor Program Director, Eastern Oregon University.

2014 :: Member, search committee for Outdoor Program Director, Eastern Oregon University.

2014 :: Chair, search committee for Instructor of Health position, Eastern Oregon University.

2013-2014 :: Member, College Personnel Committee, Eastern Oregon University

2013 :: Chair, search committee for tenure track position in Health, Eastern Oregon University.

2012-2013 :: Chair, College Personnel Committee, Eastern Oregon University

2012 :: Member, search committee for tenure track position in Health, Eastern Oregon University.

2011-2012 :: Member, College Personnel Committee , Eastern Oregon University

2012-2017 :: Member, Information Technology Advisory Taskforce (ITAT), Eastern Oregon University

2011-2012 :: Member, Education Policy and Curriculum Committee , Eastern Oregon University

2012 Mar-Apr :: Search Committee, Tenure Track Position in Health, Div. of Physical Activity & Health, Eastern Oregon University.

2010-2012 :: Member, Athletic Council, Eastern Oregon University

2007-2009 :: Member, Faculty Personnel Committee, Eastern Oregon University.

2007-2009 :: Chair, Technology Grant Committee, Eastern Oregon University.

2006-2009 :: Member, Technology Grant Committee, Eastern Oregon University.

2007-2008 :: Member, College Personnel Committee, Eastern Oregon University.

2004-2005 :: Chair, Academic Standards Committee, Eastern Oregon University.

2004-2006 :: Assembly Athletic Committee, Eastern Oregon University

2004-2005 :: PEH grant committee, Eastern Oregon University.

2004 :: PEH representative for Advisors Council.

2004-2005 :: Served on various search committees for new faculty: tenure-track position for physical education and health, Director of Instructional Support/Design.

2003-2004 :: Academic Standards Committee, Eastern Oregon University.

2001-2002 :: Faculty Center for Teaching and Learning Committee, Eastern Oregon University.

2001-2002 :: Athletic Council Chair, Southwestern Adventist University.

2000 2002 :: Discipline Committee, Southwestern Adventist University.

2000 2002 :: Student Life Committee, Southwestern Adventist University.

1999 2002 :: Academic Policies Committee, Southwestern Adventist University.

1999 2002 :: Athletic Council, Southwestern Adventist University.

1997 1998 :: General Studies Committee, Atlantic Union College.

Other Service

2024 Jan-Feb :: Volunteer for results and long jump, triple jump, EOU Indoor Meets, EOU Fieldhouse, La Grande, Oregon.

2022-24 :: Social media promotion of area recreation including drone videos, motovlogging (YouTube @snowsatyr), short videos (Tiktok @snowsatyr).

2019 Dec :: EOU Crucial Accountability Training, Eastern Oregon University, La Grande, Oregon.

2019 Sept :: Certificate of Completion, Title IX Rules and Responsible Employees (Full Course), La Grande, Oregon.

2019 July :: EOU Crucial Conversations Training, Eastern Oregon University, La Grande, Oregon.

2019 June :: Hiring committee and consultation for new elementary physical education teacher positions, La Grande School District, Oregon.

2019 Feb 14 :: Volunteer, Jump Rope for Heart even, Central Elementary School, La Grande, Oregon.

2019 Jan :: Rescue of injured snowmobiler in Wallowa Mountains.

<https://www.facebook.com/ElkhornMediaGroup/photos/a.771405826227094/2326556887378639/?type=3>

2018 Mar :: Assisting SUNY Plattsburgh Expeditionary Studies student trip, Wallowa Mountains, Oregon

2018-present :: Drone pilot and video production featuring outdoor recreation, weather, snow, and scenery.

2018 Aug :: Recovery of injured horse in Eagle Cap Wilderness

<https://apnews.com/general-news-09ec5baef7b54db2b03dbd1112837334> and

<https://katu.com/news/local/local-animal-rescue-chain-of-strangers-help-injured-horse-found-in-eastern-oregon>

2015-17 :: Winter upkeep and monitoring of Mule Peak Lookout, Wallowa-Whitman National Forest, Baker City, Oregon.

2017 Mar :: Assisting SUNY Plattsburgh Expeditionary Studies student trip, Elkhorn Mountains, Oregon

2016-present :: Supervision and coordination of EOU students teaching physical education at Central Elementary and La Grande High School, La Grande School District, Oregon.

2016 May :: Moderator for session of Spring Symposium, Eastern Oregon University, La Grande, Oregon.

2015 :: Advisory meeting on cycling and tourism in Northeast Oregon at Eastern Oregon University, La Grande, Oregon.

2015 :: Developed proposal for Sport Management academic programs by request of College of Business and Education, Eastern Oregon University, La Grande, Oregon.

2015 Feb :: Assisting with Eastern Oregon Backcountry Festival, Eastern Oregon University, La Grande, Oregon.

2014 :: Developed proposal for Recreation Minor, Eastern Oregon University, La Grande, Oregon.

2014 :: President's Ad Hoc Advisory on Outdoor Leadership at EOU, Eastern Oregon University, La Grande, Oregon.

2014 May :: Moderator for session of Spring Symposium, Eastern Oregon University, La Grande, Oregon.

2014 Feb :: Assisting with Eastern Oregon Backcountry Festival, Eastern Oregon University, La Grande, Oregon.

2013 Apr 27-May 3 :: Supervision, communication, and participation in Wallowa ski traverse project for Outdoor Program, Eastern Oregon University, Joseph, Oregon.

2013 May :: Physical Education class volunteer service for golf teaching (along with EOU students), La Grande High School, La Grande, Oregon.

2012-13 :: Coordinating PE class and after school sport volunteer experiences for EOU student majors, Central Elementary School, La Grande, Oregon.

2012 Apr-June :: Track & field day preparation and volunteer service (along with EOU students), Central Elementary School, La Grande, Oregon.

2012 Apr-May :: Physical Education II class volunteer service for individual sports teaching (along with EOU students), La Grande High School, La Grande, Oregon.

2011 Nov :: Special task force for a new minor in Div. of Physical Activity & Health, Eastern Oregon University.

2011 Oct :: Mountain bike clinic leader for Outdoor Program, Eastern Oregon University.

2011 Sept :: Presentation about online platform use in classes, Summer Institute, Eastern Oregon University.

2011 May :: Assisted Division of Physical Activity & Health in hosting AQx Aqua Training Demonstration by Eastern Oregon University, May 20-21, 2011.

2006 Nov :: Volunteer for cross country regional qualifier meet hosted by Eastern Oregon University, May 2007.

2006 Sept :: Leader for EasTrek Biking La Grande, Eastern Oregon University Welcome Week, Sept 2006

2003-2006 :: Physical Education and Health major's club.

2002-2003 :: Distance Learning Faculty Specialist (DLFS) for Division of Distance Education, Eastern Oregon University.

COMMUNITY SERVICE

- Attended meetings and developed website with recreation trail information specific to Blue Mountains Forest Revision Plan meetings and public input phase, La Grande & Baker, Oregon, 2024.

- Volunteer lap counter local high school track meets including Cove (at EOU), EOU Fieldhouse Invite, and Baker City, Spring 2024.
- Recreation trail maintenance 2020-24 including Breshears, Lodgepole, Hale Spring, Mt. Emily Summit, Mule Peak, and more, Union County, Oregon.
- Pt. Prominence lookout staffing, July-Sept, 2020-23, Cove, Oregon.
- Trail maintenance and building over 30 miles, 2019, Union County, Oregon
- Volunteer trail clearing of Crib Point Trail from Catherine Meadow to Deadhorse Flat with Wallowa Mountain Hells Canyon Trail Association, July 2020, Union, Oregon.
- Trail maintenance work day motorized singletrack, Mt. Emily Recreation Area (MERA), June 2020, La Grande, Oregon.
- Central Elementary field day stations, June 3, 2019, La Grande, Oregon.
- Trail maintenance work day motorized singletrack, Mt. Emily Recreation Area (MERA), June 1, 2019, La Grande, Oregon.
- Maintenance, renovation, and repair of Mule Peak Lookout, Fall 2018, Wallowa-Whitman National Forest, Baker City, Oregon.
- Trail maintenance for 15 miles of trail and creating 5 miles of new trail, Summer 2017, Union County, Oregon.
- Weekly backcountry updates aired on Pacific Empire Radio Stations (KLBM 1450 La Grande & KBKR 1490 Baker City; Boomer Radio 105.9 La Grande and 95.3 Baker City), Dec 2016 - Oct 2017, La Grande, Oregon.
- Snow removal for country and private roads, Summerville, Winter 2016-17.
- Set-up and take down volunteer work for Sisters Stampede XC Mountain Bike Race, May 28-29, 2016, Sisters, Oregon.
- Trailwork Sinks Trail, May 2016, Union County, Oregon.
- Contributor to local weather forecasts aired daily on Pacific Empire Radio Stations (KLBM 1450 La Grande & KBKR 1490 Baker City; Boomer Radio 105.9 La Grande and 95.3 Baker City), March 2016 - current, La Grande, Oregon.
- Avalanche safety presentation to La Grande District of U.S. Forest Service, January 28, 2016, La Grande, Oregon.
- Several support letters written for various grants to support Mt. Emily Recreation Area (MERA), Union County, Oregon.
- Trailwork Hale Spring Trail and La Grande Watershed trails, Union County, Oregon.
- Contributed location information and consulting for authors of *Powder Magazine* series "The Human Factor" for Chapter 1: The Call of Sirens at <http://www.powder.com/human-factor/index.php?chapter=1> July-October, 2014, La Grande, Oregon.
- Several days of trailwork on recreation trails in Union County, June-October, 2014, La Grande, Oregon.
- Coordinated Ibis Bicycle mountain bike demo at MERA, July 1, 2014, La Grande, Oregon.
- Member of investigative team appointed by Wallowa Avalanche Center for fatal accident at Cornucopia Peak, February 2014, Halfway, Oregon. Report posted at http://avalanche.state.co.us/caic/acc/acc_report.php?acc_id=525&accfm=inv
- Snow and avalanche observations, 2012-present, Wallowa Avalanche Center, Joseph, Oregon.
- Advising with La Grande Weather Service in development of a weather and recreation app for Android, La Grande, Oregon.
- Invited participant in Baker area mountain bike planning and collaboration with Wallowa Whitman National Forest recreation management, 2013-present, Baker City, Oregon.
- Ongoing GPS tracking and featuring trails for mountain bike, hiking, skiing, horseback, and other recreation, 2003-present, Northeast Oregon.
- Trail work and maintenance at MERA, Tollgate, Glass Hill, La Grande Reservoir, Summer 2013, La Grande, Oregon.

- Developed Interactive map of Mount Emily Recreation Area (MERA), July 2013, La Grande, Oregon.
- Organized mountain bike demo, July 30-31, 2013, La Grande, Oregon
- Trail sign installation and maintenance, Spring 2013, Mt. Emily Recreation Area, La Grande, Oregon.
- Volunteer help and participant in 3 Rivers Race charity event, June 1, 2013, La Grande, Oregon.
- Participant in International Mountain Biking Association (IMBA) Trailwork Workshop, May 9-11, 2013, La Grande, Oregon.
- Invited presentation on youth baseball coaching recommendations to Union County Little League, March 20, 2013, La Grande, Oregon.
- Volunteer Eastern Oregon Backcountry Festival, February 2013, Anthony Lakes, Haines, Oregon.
- Avalanche safety reconnaissance for Eagle Cap Extreme Sled Dog Race, January 2013, Joseph, Oregon.
- Volunteer timing assistance, High School Cross Country Meet, Oct. 27, 2012, La Grande, Oregon.
- Organizer and race director, Offroad Duathlon Training Series (3 races), June-July 2012, La Grande, Oregon.
- Trail building and maintenance, MERA Owsley Canyon Trailhead, XTERRA La Grande Course, May-July 2012, La Grande, Oregon.
- "Bicycle Safety" presentations at Spring Safety Fair for Union County elementary schools, April 25, 2012. La Grande, Oregon.
- Submitted support letter for RTP grant by Union County for Mount Emily Recreation Area (MERA) support.
- Proposal to Mount Emily Recreation Area (MERA) non-motorized board for building BMX dirt freeride park, 2011-12.
- Race Director, XTERRA La Grande Offroad Triathlon, 2011-present.
- Cycling and swimming educational clinics and videos in La Grande, 2011.
- Trail building at Mount Emily Recreation Area (MERA), 2011.
- Coordinated volunteer teaching experiences for students at elementary, middle, and high schools, La Grande, Oregon, 2010-2011.
- Promoting and helping organize The Werst Race, La Grande, Oregon, 2007-2009.
- Team Director, Oregon Trail Racing. Cycling and triathlon team. Includes activities such as organizing local clinics, holding team meetings, race coordination, financial management, 2007-present.
- Assisted in website management for Solstice Triathlon, 2007-2008.
- Volunteer help and participant in 3 Rivers Race charity event, La Grande, Oregon, June 2007. Also participant 2005, 2006, 2007, 2008, 2009, 2011, 2012.
- Volunteer help and participant in The Werst Race charity event, La Grande, Oregon, May 2007.
- Volunteer for District Swim Meet hosted by La Grande High School, Feb 2007.
- Race promotion and event timing for Goodall/Wilde/Manwell Race and Run for Health, Sept 2006.
- Member Blue Mountain Singletrack Trail Club , 2006-2008.
- Created map, promoted, and participated in 3 Rivers Relay, June 2006.
- Race volunteer and created map for Pumpkin Ridge Half-Marathon, Imbler, May 2006.
- Race volunteer Banana Belt Series, Forest Grove, Oregon, March 2006.
- Member Lactic Acid Cycling Club, Boise, Idaho, 2006-2007.
- Organizer Foothill Time Trial Bicycle Races, 2005-2008.
- Incorporated TAG children in physical education classes, Winter 2003.
- Students in PEH394 helped teach special needs students from La Grande, Spring 2004
- Utilized various guest lectures in the community: Dr. Winters (naturopathic physician), Kevin Marsh (acupuncturist), (self-defense specialist from shelter from the storm), Beckie (Bekie's studio of dance). 2003-present.
- Bicycle racing and group rides throughout the region.
- Published book and promoted cycling through websites and *Mountain Biking La Grande, Oregon*.

- Websites available and described in Scholarship Section

SPECIAL SKILLS

High level of proficiency in the following:

- Unmanned aircraft (UAV) operator.
- Snowbike rider and backcountry skier.
- Summer Institute for Instructional Technology (SIIT) participant, August 2017, Eastern Oregon University.
- Tractor & farm equipment: Backhoe operator and snow removal.
- Summer Institute for Instructional Technology (SIIT) participant, August 2013, Eastern Oregon University.
- IPICO Race Timing System and Race Director software
- Digital video editing: Adobe Premiere, Dartfish. Fully versed in editing, conversion, and sharing of video online.
- Image editing: Adobe Photoshop
- Website developing & management: Content Management Systems (Drupal, Wordpress, Moodle), Microsoft Frontpage, Macromedia Dreamweaver, owner of several domain names related to physical activity and sports.
- Biomechanical analysis software: PEAK system, Dartfish.
- Performance testing: Skinfold, VO2max, bicycle wattage, standardized strength and cardiovascular fitness tests.
- Cycling: Rider position analysis, performance testing.
- All standard computer applications: Word, Excel, Wordperfect, OpenOffice
- Creating and editing Adobe Acrobat files and forms.
- Specialty sport skills: road and mountain bicycling, alpine touring, basketball, backpacking, golf. Category 2 (USA Cycling & OBRA) racer. Triathlete and member of USAT. Proficiency in bicycle maintenance and repair.
- Global Position Systems and mapping software applications: Google Earth, Gamin Connect, Garmin Training Center, Garmin Mapsource.
- Online Teaching: Drupal, Moodle, Blackboard, online gradebook software, webcam, chat applications.